

HELEN K. BEACHAM

210 Beaufort St., Summerville, SC 29483

843-871-5637

www.helenKbeacham.com

Email: helenKbeacham@gmail.com (remember to insert the K into the middle of my name or it won't come to me).

Recommended Supply List “Put Motion in your Ocean” Workshop (2016)

Note that these are supplies I use and recommend, but there are many other good brands as well. Never buy “student” grade materials...buy “artist” grade.

WATERCOLOR PAINTS Bring whatever you have. No need to buy special paints unless you just want to. I may or may not use all of these...depends on how the painting talks to me!

Winsor & Newton Artist Grade (not Cotman Grade which is a student grade...this is important).

5ml size tubes are ok. You don't need bigger tubes unless you paint a lot.

Burnt Umber

Burnt Sienna

Yellow Ochre

Cadmium Yellow (or Lemon Yellow)

Permanent Alizarin Crimson (or sometimes just called Alizarin Crimson)

Permanent Rose

Sap Green

Hooker's Green

Cerulean Blue

Cobalt Blue

French Ultramarine Blue

Payne's Gray

Indigo

Holbein brand: (Even though you don't normally associate greens with oceans, I often use them).

Shadow Green

Olive Green

Leaf Green

Daniel Smith brand: (fun to have at hand)

Lapis Lazuli Genuine

Cobalt Blue Violet

Shadow Violet

Undersea Green

Prussian Blue

Iridescent Electric Blue

Potters Pink

WATERCOLOR BRUSHES

If you currently paint in watercolor, you probably have lots of various brushes that will work just fine. If you want to buy brushes, here are the sizes I recommend. NOTE: Be sure to buy “watercolor” brushes. Not brushes for oils or acrylics!

- 2” wide brush – a house painter's brush is fine as long as the hairs are soft, although a true watercolor brush would be best.

- #12 Filbert brush OR a 1” flat brush

- #16 Round brush

- #8 Round brush

WATERCOLOR PALETTE Bring your usual palette if you're happy with it. Otherwise, buy a John Pike palette.

WATERCOLOR PAPER or WATERCOLOR CANVAS

Arches 140# or 300# cold press sheets (full sheets measure about 22"x30"). **NOTE THAT I PREFER THE 300# PAPER SINCE IT BUCKLES MUCH LESS AND YOU CAN SCRUB IT MUCH MORE THAN 140# PAPER.** Cut your paper down into quarter sheets ahead of time (about 11"x15" each). If you can't obtain 300# paper, just bring 140

“Watercolor **Blocks**” may be used (look for the **Arches** brand preferably). No watercolor pads please. The paper in pads is not adequate for better quality paintings.

You may also use watercolor canvas. I can recommend the Fredrix brand (make sure it's NOT acrylic primed...it MUST be for watercolors). Something in a 12 x 16 or 16 x 20 is big enough. Sometimes a square format is fun.

MISCELLANEOUS MATERIALS THAT YOU WILL NEED TO BRING:

Your reference photo. (An 8x10 size is preferable. Make sure it's on good photo paper, not copy paper).

Value Finder (red acetate). **VERY VERY VERY IMPORTANT!!!** Here's one to buy:
<http://www.cheapjoes.com/cheap-joe-s-value-sketch-and-composition-finder.html>

Drawing Pencil (2H) – try not to use traditional B pencils – they are too soft & they tend to bleed when wetted down.

Eraser (kneaded eraser or large white vinyl eraser – no pink erasers)

Old Toothbrush (for spatter effects or for scrubbing out)

Liquid Masking Fluid (Brand names: “Incredible White Mask” by Grafix or Winsor & Newton are good brands.

Twigs (various thicknesses, cut to an angle on both ends with a sharp pair of scissors). See my blog post about this:
<https://helenkbeacham.blogspot.com/2013/04/tippette-18-saving-whites.html>

Old, thick absorbent Towel (to put under your palette and absorb water from the brush swabbing).

Spray bottle (with a fine mist)

Paper Towels (Bounty or Viva are durable)

Cardboard to tape your paper to, if using loose paper (precut it so that it's 1.5" bigger than your paper, all around)

Blue painters tape to tape down your sketch, or staple your sketch down to a cardboard.

Water bucket (nothing taller than about 4")

Camera? You're welcome to take pictures during class.
Notepad for sure! I will share lots of tips & insights.
And bring your enthusiasm!

I WILL PROVIDE: Hair Dryers

SUPPLY RESOURCES:

Cheap Joe's Art Supply (www.cheapjoes.com)
Dick Blick Art Supply (www.dickblick.com)
Art Supply Warehouse (www.aswexpress.com)
Jerry's Artarama (www.jerrysartarama.com)